

**Syracuse University Parent Advocacy Center (SUPAC):** Dedicated to promoting the right of every child to receive a meaningful, inclusive education and promoting parent involvement in the education of their children with disabilities. [supac.org](http://supac.org)

**Other Resources:**

**Asperger Syndrome & High Functioning Autism Association:** Serves individuals on the autism spectrum, their families, and the professionals who work with them, providing resources and support as they face challenges, build on their strengths and fulfill their potential. [ahany.org](http://ahany.org)

**Association for Science in Autism Treatment:** Tackles the array of considerations surrounding autism treatment. [asatonline.org](http://asatonline.org)

**Autism Society:** The Autism Society, the nation's leading grassroots autism organization, exists to improve the lives of all affected by autism. [autism-society.org](http://autism-society.org)

**Autism Speaks:** An autism science and advocacy organization, dedicated to funding research into the causes, prevention, treatments and a cure for autism; increasing awareness, and advocating for the needs of individuals with autism and their families. [autismspeaks.org](http://autismspeaks.org)

**Center for Autism and Related Disabilities at the University of Albany (CARD Albany):** Provides evidence-based training and support to families and

professionals, and through ongoing research, contributes knowledge to the field of autism spectrum disorders. [albany.edu/psy/autism/autism.html](http://albany.edu/psy/autism/autism.html)

**Center for Disease Control and Prevention—Learn the Signs, Act Early:** Aims to improve early identification of children with autism and other developmental disabilities so children and families can get the services and support they need. [cdc.gov/ncbddd/autism/actearly](http://cdc.gov/ncbddd/autism/actearly)

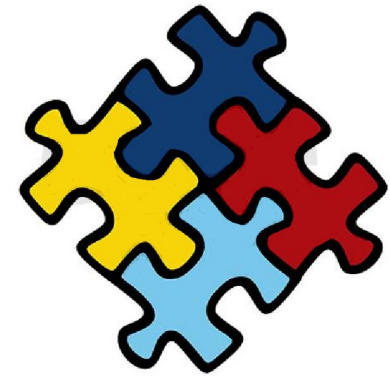
**Families for Effective Autism Treatment of CNY (FEAT CNY):** A not-for-profit organization of parents and professionals founded to support families of children with Autism Spectrum Disorders (ASD). [featofcny.org](http://featofcny.org)

**Parent to Parent of New York State:** A statewide not-for-profit organization established to support and connect families of individuals with special needs. [parenttoparentnys.org](http://parenttoparentnys.org)

**TOMPKINS COUNTY PUBLIC LIBRARY**  
Youth Services Dept.: 607-272-4557 X 275  
<http://tcpl.org/kids.php>



101 East Green Street  
Ithaca, New York  
607-272-4557  
[www.tcpl.org](http://www.tcpl.org)



## Resources for Families of Children with Autism & Sensory Processing Challenges

*At TCPL & Beyond*



## Resources at TCPL:

**Sensory Science:** An interactive storytime designed for children with autism and sensory processing challenges, but open to all! Check our website for updated program information:  
[tcpl.org/kids/programs-sensory-storytimes.php](http://tcpl.org/kids/programs-sensory-storytimes.php)



**Sensory Station:** Find weighted lap pads, noise-cancelling earmuffs, fidgets and other sensory tools in the Youth Services Department. This equipment can be used at any time, anywhere in the Library.

**Interactive Storybook Collection:** These educational and entertaining books feature clear illustrations, easy-to-follow text, easy-turn pages and movable pieces, encouraging children to connect with the story through hands-on interaction.



**Boardmaker® Software:** Create printed materials like communication boards, sequences and visual schedules. Easy-to-use features let you design your own materials, with symbols supported in 44 languages. You choose the topics, symbols, labels, colors, borders, and more. **Available for in-house use only. Please ask for software at the Youth Services Desk.**

**Play & Talk:** A support group for caretakers of children on the autism spectrum, meeting monthly at the Library. Free play care for children on the spectrum and their siblings during the meeting. Co-sponsored by Tompkins County Public Library. For meeting dates, please see our monthly calendar. **For more information contact:**  
[playtalkithaca@gmail.com](mailto:playtalkithaca@gmail.com)

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## Local & Regional Resources:

**Finger Lakes Independence Center (FLIC):** FLIC's mission is to empower all people with disabilities while creating an inclusive society through the elimination of social and architectural barriers. [fliconline.org](http://fliconline.org)

**Franziska Racker Centers:** Supports people with disabilities and their families to lead fulfilling lives by providing opportunities to learn and be connected with others.  
[rackercenters.org](http://rackercenters.org)

**Ithaca Special Education PTA (SEPTA):** A group of parents, caregivers, and professionals with a tie to children with special needs, and others who want to learn more about children with special needs. This organization falls under the umbrella of the Ithaca Parent Teacher Association, and many members belong to their local PTA as well as the SEPTA. [ithacasepta.org](http://ithacasepta.org)

**Mama's Comfort Camp:** A support group for moms of kids of any age, where mothers from around the world support each other in a judgement-free safe space. The online forum is a private Facebook group, and in-person events are held in the Ithaca area. The Ithaca Mothers' Support Group welcomes all mothers struggling with any aspect of motherhood. [mamascomfortcamp.com](http://mamascomfortcamp.com)

**"Sensory Hours" at the Sciencenter:** The Sciencenter hosts "Sensory Hours" to celebrate the seven senses in the human body. You can also find social stories and picture schedules on the Sciencenter's website under: [sciencenter.org/plan-your-visit.html](http://sciencenter.org/plan-your-visit.html) Click on the "Accessibility" tab.

**Ithaca Sensory Parents Support Group:** A parent-run group that supports and empowers local families who have children with sensory processing challenges. Find camaraderie with other parents in an open, judgment-free environment, both in person and online. In addition to monthly meetings, this group offers a Sensory-Friendly Trainings and Events Calendar, a comprehensive Local Resources Binder, and many other services, free of charge. Contact Sasha Beram at [IthacaSensoryParentsGroup@gmail.com](mailto:IthacaSensoryParentsGroup@gmail.com)