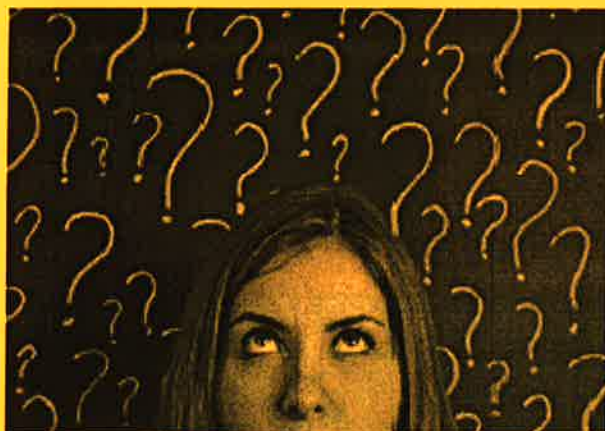


# GET IN THE GAME READ

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***How can a librarian inspire teenagers to participate in a summer reading program about health and fitness?!***



The 7 Secrets of Motivating Teenagers:

1. What's in it for me?
2. Let them have a say.
3. Let them learn from failure.
4. Help them to remember.
5. Make it achievable.
6. Provide incentives.
7. Make it fun.

<http://understandingteenagers.com.au/blog/2012/09/the-7-secrets-of-motivating-teenagers/>

In *The Future of Library Services for and with Teens: A Call to Action*, it states that libraries are in the perfect position to provide young people with the necessary connections between formal and interest-based learning -

*"In a society in which some young people are succeeding and others are being left behind, libraries play a critical role in preparing ALL teens to be productive, engaged citizens in both their work and personal lives."*

***"Some people want it to happen,  
some wish it would happen,  
others make it happen."***

Michael Jordan



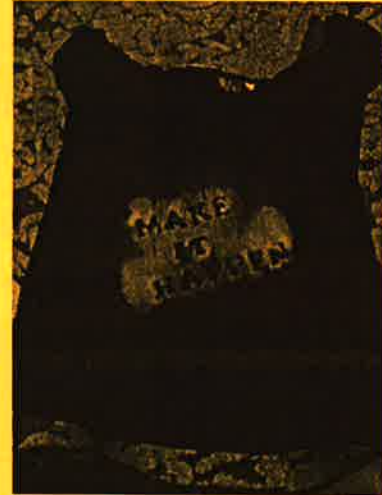
B. Maggie Foster | [bfoster@onlib.org](mailto:bfoster@onlib.org) | 315.435.3797  
Mundy Branch, Onondaga County Public Library



# DIY Motivational T-Shirt

Supplies: bleach, cardboard, spray bottle, hairdryer, foam alphabet stickers, black/colored t-shirt\*, inspirational quotes and phrases...

\*Some libraries choose to have teens bring their own t-shirt. I would highly recommend this for DIY t-shirt repurposing crafts.



**Step 1:** Dilute bleach in spray bottle—  
1 part bleach :: 4 parts water



**Step 2:** Peel letters and place on t-shirt  
BE CREATIVE!!!



**Step 3:** Spray lettered area with bleach, until completely saturated. Set timer for 5 minutes.



**Step 4:** Use the hairdryer to gently push bleach away/off foam letters, and continue drying in small circles around lettering. Continue drying fabric until no longer damp.



**Step 5:**

Wash with hot water and soap; hang dry.\*\*

\*\*First time only.

