

ZOMBIE MAKEUP

GUIDE BOOK



BASIC MAKEUP

Simple pallor that can be executed quickly.

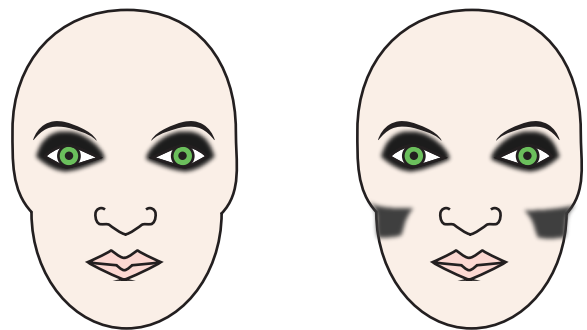
Needed for this project:

- Costume Makeup Kit

1. Wash and dry where you expect to apply makeup.



2. First apply a base color. White gives a more natural pallor, but green can also work quite well. Leave the eye orbitals clean for now.



3. Add dark rings around the eyes, and blend some shading under the cheek bones to give a more gaunt look. For some zombies, this may be all the makeup they need.



4. Extra shading can be used to accentuate dessication. Some dark makeup along the laugh lines will do this well. Ruffle the zombie's hair, giving them a case of coffin head.



5. Using some red makeup, gore and cuts will give the zombie a worked over look. Red makeup or fake blood spread all over the mouth is the mark of a well fed zombie.

BUCKETS OF BLOOD

A zombie's best friend

Needed for this project:

- Corn Syrup
- Red, Blue and Yellow Food Dye
- Water
- Chocolate Syrup
- Corn Starch
- Spray Bottle
- Paint Brushes

These recipes can make an assortment of fake blood mixtures with varying colors and textures. They are all non-toxic and edible, though not especially tasty. **Food dye can stain clothes, and corn syrup dries into a hard crust, so it is a good idea to keep this stuff away from any furniture, carpets or valued clothing.**

Stage Blood

1/2 cup corn syrup
12 drops of red food dye
2 drops of blue food dye
2 tbs of chocolate syrup (optional)

This is a thick, viscous mix that is good for fresh looking blood. Corn syrup dries with a bit of a sheen, so it remains fresh for several hours.

Spattering Blood

1/4 cup corn syrup
1/4 cup water
8 drops of red food dye
2 drops of yellow food dye

Adding water to this mix thins it down and makes it better suited to be splattered or applied with a brush.

Spray Bottle Blood

1/2 cup water
10 drops of red food dye

Best for misting. It is not harden like the rest of these recipes.

Stage Blood Variant

1/2 cup corn syrup
12 drops of red food dye
2 drops blue food dye
1 tbs water
1 tbs corn starch
2 tbs chocolate syrup

This is a more opaque version of the first recipe adding a bit more verisimilitude. If this mix ends up too thick, just add water to thin it out.

WOUNDS

Gore n' more

Simple Wounds

Needed for this project:

- Stage Makeup Kit
- Fake Blood
- Q-Tips

Cuts, scrapes and small wounds can mostly be done with makeup alone. Red will be the most commonly used, but some green and yellow around the edges of the wound will make it look infected. Apply a little fake blood with a Q-Tip on the center of the wound to make it bleed.

Deep Cuts

Needed for this project:

- Stage Makeup Kit
- Fake Blood
- Liquid Latex
- Toilet Paper

Bigger wounds require making a small prosthetic. Tear up some tissue and dab it in some liquid latex. Use the paper to shape a furrow for the edge of the wound. Allow the latex to harden for about 20 minutes. Use makeup and stage blood to finish up the effect.

Corn Starch Flesh

Needed for this project:

- Corn Starch
- Water
- Red Food Dye

By mixing 1 Tablespoon of corn starch with 2 Teaspoons of water and 2 drops of red food dye, corn starch can be used as a flesh like blob. Larger quantities of this mix have to add water one Teaspoon at a time as it is being mixed.

Scabs

Needed for this project:

- Red Green or Yellow Food Dye
- Fake Blood
- Liquid Latex or Corn Starch
- Water (if using Corn Starch)
- Corn Flakes, Oats or other Flakey substance

Either mix 1 /2 Tablespoon of corn-starch and 1 Teaspoon of water, or pour about a Tablespoon of Liquid Latex. Add some flakes and whatever color mixture would be appropriate. Apply to skin and allow to dry for 20 minutes.