

**All senior programming materials can be requested through the catalog and checked out at any local FLLS library:**

**Cayuga County:**

**Auburn:** Seymour Public Library District

**Aurora:** Aurora Free Library

**Cato:** S.B. Lang Memorial Library

**Fair Haven:** Fair Haven Public Library

**Moravia:** Powers Library

**Poplar Ridge:** Hazard Library

**Port Byron:** Port Byron Library

**Union Springs:** Springport Free Library

**Weedsport:** Weedsport Free Library

**Cortland County:**

**Cinncinnatus:** Kellogg Free Library

**Cortland:** Cortland Free Library

**Homer:** Phillips Free Library

**McGraw:** Lamont Memorial Library

**Marathon:** Peck Memorial Library

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**Seneca County:**

**Interlaken:** Interlaken Public Library

**Lodi:** Lodi Whittier Library

**Ovid:** Edith B. Ford Memorial Library

**Seneca Falls:** Seneca Falls Library

**Waterloo:** Waterloo Library & Historical Society

**Tioga County:**

**Apalachin:** Apalachin Library

**Berkshire:** Berkshire Free Library

**Candor:** Candor Free Library

**Newark Valley:** Tappan-Spaulling Memorial Library

**Owego:** Coburn Free Library

**Nichols:** George P. & Susan Platt Cady Library

**Spencer:** Spencer Library

**Waverly:** Waverly Free Library

**Tompkins County:**

**Dryden:** Southworth Library

**Groton:** Groton Public Library

**Ithaca:** Tompkins County Public Library

**Lansing:** Lansing Community Library

**Newfield:** Newfield Public Library

**Trumansburg:** Ulysses Philomathic Library



**Finger Lakes Library System**

# Senior Programming Materials



**Finger Lakes Library System  
Outreach Department**

119 E. Green Street, Ithaca, NY 14850  
(607) 273-4074 x 228 or  
1-800-909-3557 x 228  
[www.flls.org/outreach](http://www.flls.org/outreach)

*Use these group-oriented games and activities to reminisce, spark conversations and exercise minds.*

*They are perfect for organizing group activities for older adults, and can all be tailored for use with a wide variety of audiences.*



To request items from the catalog:

- 1). Go to [www.flls.org](http://www.flls.org) and choose "Search the Catalog" from the menu bar;
- 2). Select your home library from the list and press "Start PowerPAC";
- 3). Search for individual items by title, or browse the entire list by searching for the "Senior Programming" series;
- 4). Click "Place Hold Request" to have an item sent to your home library for pickup.

## **Everyday Life Trivia Book**

Features 23 quizzes on topics common to life in America in the mid-20th century, with questions like:

*Where is the Baseball Hall of Fame?*

*What was the slogan of Brylcreem?*

## **Eldersong Bingo**

Mix the friendly competition of bingo with everyone's love of music, and you have a winning combination!

## **Finishing Lines**

Participants complete famous quotes, song and book titles, movies and TV names, proverbs, slang, rhymes, slogans, and similes. Examples include: *Bacon, lettuce, and...tomato*  
*It's raining cats and...dogs*

## **It's In the Bag Cookbook**

Cook with your group without messy cleanup. Ingredients for each recipe are mixed in a reclosable plastic bag, just pass the bag around and give everyone a chance to squeeze.

## **I Hear Memories, Volume I and I Hear Memories, Volume II**

These reminiscing resources include dozens of sound scenes and mystery sounds to use as a guessing game. Each volume includes a CD and activity manual.

## **Mind Joggers**

This trivia book includes activities that range from 10-minute fillers to hour-long programs. You'll find word games and trivia on over 50 topics.

## **Mind Stretchers and More Mind Stretchers**

Energize your conversation groups with these discussion starters! Sample questions:

*What is the best age to give a pet to a child?*

*What is the strangest food you've ever eaten?*

## **Shake Out the Truth Card Game**

Players read a card that recalls a life event or characteristic, such as "I have made sauerkraut," or "I have kissed someone at the beach." Surprise and laughter are the result as participants decide whether a statement is true or false about other players.

## **Table Talk Card Game**

Each card offers a fascinating fact, then poses an intriguing question to encourage fun-filled conversation.

## **Trivia Treasury**

This resource offers provides hours of mental exercises and trivia quizzes. Games include: *Double Words, What Was My Line?, Irony, Guess the Calories, Kangaroo Words, and Making Plans.*